


















March 2010

Living With Hope

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 	3	4 	5	6 
7	8 	9 	10	11 	12 	13 
14 	15	16 	17	18 	19	20 
21	22	23 	24	25 	26	27 
28	29 	30 	31			



Schedule of Events

- 03-02 Living with Hope Support Group at 6:30 PM at CVBWF HIV Only!
- 03-04 Ladies Support Group with Debra at CVBWF from 2-4 PM
- 03-06 SISTA Stroll at Shirley Winston Park 8 am to 12 noon
- 03-08 CVBWF Public and Exexecutive Board Meeting 6:45 PM at CVBWF
- 03-09 Living with Hope Support Group at 6:30 PM at CVBWF HIV Only!
- 03-11 to 03-14 Positive Living Conference Ft. Walton Beach Florida. Leave from CVBWF at 6:30 PM in Van
- 03-16 Living with Hope Support Group at 6:30 PM at CVBWF HIV Only
- 03-18 Long term Survivors Group 6:30 PM at CVBWF (+5 Years)
- 03-20 Idle Hour Park Fitness Walk 3 PM
- 03-23 Living with Hope Support Group at 6:30 PM at CVBWF HIV Only!
- 03-25 Short term Survivor Group 6:30 PM at CVBWF (-5 Years)
- 03-27 Lakebottom Park Fitness Walk 3 PM
- 03-29 Relaxation Class at CVBWF 6:30 PM
- 03-30 Living with Hope Support Group at 6:30 PM at CVBWF HIV Only!

**The Chattahoochee Valley
Better Way Foundation,
Inc.**

*Start Today, Living The
Better Way*

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